

## ART Clinic ¿How does it work?

1



Before initiating the therapeutic process, you will do an initial interview session to approach the diagnosis, define the treatment objectives and establish the preliminary plan of treatment. We will decide on the type of therapy (individual, couple and / or group) and the process to follow.

2



You will get access to the online psychoeducation course that is a theoretical basis for both you and your family members, if you wish.

3



You will start your therapeutic process with a psychotherapist especially assigned to you.

4



Our team meets weekly to exchange ideas and clarify doubts related to all our patients, so you will always be taken care of by the entire team to ensure the best quality of your treatment.

5



Every 10 sessions, with your therapist, you will review the process and the objectives to make sure that everything is aimed at achieving what we have proposed.

6



While you are waiting for or after your session, you can enjoy a specialty coffee in the ART Clinic cafeteria. We also have tea and fruit if you wish.

## Moreover

- All your appointments can be booked, cancelled or rescheduled through our booking system:  
<https://app.acuityscheduling.com/schedule.php?owner=21063694>
- Remember that, if you need to cancel or reschedule your session, you can do it without cost if you do it at least 24 hours prior to the session.
- Throughout the process you can count on the support of your therapist and the ART Clinic for any questions or comments you have.
- If you want to send us any comments anonymously, remember that on the website you have a link to give us feedback.  
<https://proyectoart.com/como-trabagamos/> or directly at:  
[https://docs.google.com/forms/d/e/1FAIpQLSdpxmwotNx2JUstxi1MpeLKUq46xGyv0RiE\\_bsb1x6mLJmb0w/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdpxmwotNx2JUstxi1MpeLKUq46xGyv0RiE_bsb1x6mLJmb0w/viewform)
- After each session you will receive a receipt (or invoice if you request it) and you can make your payment by card or online.
- If you wish, on our website you have a blog with posts always related to the themes of the ART Project. If you want to be up to date with new discoveries in the field of ART or with the news of the ART Project, do not forget to sign up for our Newsletter.

